MGC Long Run Donates \$47,831.97 to USO South Carolina

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Columbia, SC – The 2020 MGC Long Run raised \$47,831.97 for USO South Carolina. The USO South Carolina is a nonprofit organization that strengthens America's military service members by connecting them to family, home and country throughout their service to the nation. The donation is a result of the 2020 MGC Long Run 15k, 5k, virtual 5k and Kids' Fun Run that took place on February 1.

"We are so honored this year to be able to make this contribution to USO South Carolina," said Rusty Goudelock, one of MGC's founding members. "They have been true partners with us in the MGC Long Run. Our MGC family and sponsors remain excited to join USO South Carolina in supporting our service men and women and their families in the meaningful sacrifices they make each day on behalf of our nation."

This year was the sixth year for the MGC Long Run, and the fifth year in partnership with the USO South Carolina. This year's event featured over 800 runners and walkers, as well as over 200 volunteers. This donation is the largest to date from the MGC Long Run and brings a five year total donation to USO South Carolina of over \$158,000.

"The USO has always been by the side of our military and their families, and COVID-19 does not change this," said Joanie Thresher, Executive Director, USO South Carolina. "Our mission of connection is more critical than ever before. With the help of the MGC Long Run, we are increasing our programs and services for service members and their families to boost morale during the pandemic. Together, we are expressing our nation's gratitude for all that the military community is doing to help protect us and reduce the spread of COVID-19."

The MGC Long Run is presented by McAngus Goudelock & Courie (MGC), a regional insurance defense firm headquartered in Columbia. MGC launched the inaugural Long Run in 2014 as a way to give back to the Midlands community where the firm was founded. In 2019, the MGC Long Run had over 700 runners and walkers, and 196 volunteers, and raised \$25,491.60 for the USO South Carolina.

About the MGC Long Run

The MGC Long Run is comprised of a 15k, 5k, Virtual 5k and Kids' Fun Run in Columbia, South Carolina the first weekend in February each year. The race is presented by McAngus Goudelock & Courie, a regional insurance defense firm headquartered in Columbia. Since 2014, MGC has contributed more than \$150,000 to nonprofit organizations, including the USO South Carolina, through the MGC Long Run. For more information, please visit

<u>www.mgclongrun.com</u>. McAngus Goudelock & Courie is a metrics-driven law built specifically to serve the insurance industry, their insureds and self-insureds. Past success does not indicate the likelihood of success in any future legal representation.

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About the USO South Carolina

USO South Carolina provides a home away from home and a sense of community for over 100,000 service members annually by offering a safe, comfortable, and relaxing lounge as they travel through the Columbia Metropolitan Airport. In addition to the center inside the Columbia Airport, the USO South Carolina serves the military population training at McCrady Training Center with a dayroom and USO in a Box. USO South Carolina also offers morale-boosting and family-strengthening programs, deployment and redeployment support to help servicemen and women adjust to the duty ahead, resiliency training for families facing multiple deployments, discreet and compassionate escorts and other support for Families of the Fallen. For more information on how you can join our patriotic mission, please visit www.southcarolina.uso.org.

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